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**ABSTRACT SUBMISSION REGULATIONS –  
23rd International Congress of Aesthetic and Anti-Aging Medicine  
September 26–28, 2025, Warsaw**

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**§ 1**

**General Provisions**

1. These Regulations define the conditions for submitting abstracts for the 23rd International Congress of Aesthetic and Anti-Aging Medicine organized by Pharma Medical House Sp. z o.o. (hereinafter referred to as the “Organizer”).
2. Submitting an abstract constitutes acceptance of these Regulations.
3. The Regulations are made available free of charge in electronic form, allowing them to be downloaded, saved, and printed.

**§ 2**

**Abstract Submission**

1. Abstracts must be submitted by completing the Abstract Submission Form available on the website: [www.kongres-ptmeiaa.pl](http://www.kongres-ptmeiaa.pl)
2. Abstracts may only be submitted via the above-mentioned form.
3. The deadline for abstract submission is July 31, 2025. Submissions received after this date will not be accepted.
4. The Scientific Committee does not guarantee that abstracts submitted after the deadline will be included in the Congress program.
5. The submission form must include: author(s) full name(s), email address, phone number, place of employment, and complete abstract details.
6. Do not include any graphics, charts, or images in the form.
7. Abstracts must not exceed 2,200 characters or 300 words.
8. Submitted works must not have been previously presented at any national or international conferences.
9. Abstracts must be submitted in Polish. Common abbreviations are acceptable – all others must be explained. Product names must be provided using international nomenclature.
10. Submitting an abstract implies that the presenting author has obtained permission to present the work from all co-authors.

11. All inquiries regarding abstract submissions should be directed to the Congress Office at: [ptmeiaa@kongres-ptmeiaa.pl](mailto:ptmeiaa@kongres-ptmeiaa.pl)

### **§ 3**

#### **Presentation of Abstracts**

1. Authors are required to designate one person (the Presenting Author) to deliver the live presentation of the work during the Congress.
2. Each submission will be anonymously reviewed by independent reviewers appointed by the Scientific Committee.
3. The Presenting Author will be notified of the abstract's acceptance via email by August 31, 2025.
4. Information regarding the exact date and time of the presentation will be sent via email after the detailed Congress program is published.
5. The time allocated for presenting an abstract is 5 minutes.

### **§ 4**

#### **Free Participation**

1. The Presenting Author of an accepted abstract is entitled to free participation in the Congress.
2. Invitations to participate in the Congress will only be extended to authors of abstracts accepted by the Scientific Committee.
3. Confirmation of abstract acceptance and a link for free registration will be sent via email by July 31, 2025.
4. Free registration for authors is available until August 31, 2025.

### **§ 5**

#### **Final Provisions**

1. The Organizer reserves the right to amend the Regulations at any time.
2. Matters not covered by these Regulations are subject to the provisions of the Civil Code.